



WHAT'S THE PLAN?

CREATING A FUTURE VISION STATEMENT

PRESENTED BY:

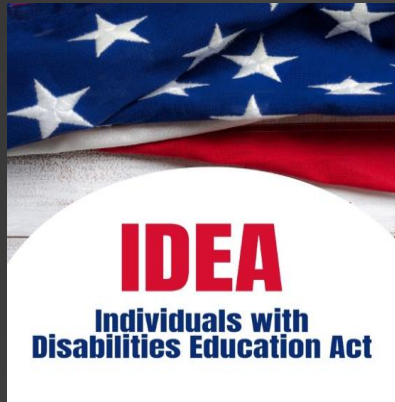
MANDY SONNENBERG, PTI MANAGER



WHO ARE WE?



By parents for parents



NC's Parent Training and Information
Center



Parent Education & Support

INTRODUCTION



Mandy Sonnenberg, PTI Manager



LEARNING OBJECTIVES:

- Understand the importance of your future vision statement
- Understand ways you can begin advocating for goals, interests, and preferences
- Understand key components of your future vision statement



I want to:

Attend
community
college

Drive

Work

Rent an
apartment

Enroll at a
University

Live
independently

Learn a
trade

Get married



Live at home

Volunteer

Have a
roommate

Travel

GOALS - INTERESTS - PREFERENCES



WHAT IS A FUTURE VISION STATEMENT?



CREATING A FUTURE VISION STATEMENT...

Your name: _____ Date completed: _____



ACTION STEP #2

Think about your hopes, dreams, interests and preferences. In order to create a vision statement for your future, please answer some questions about what you want to do after high school. Use this information to draft your vision statement.

- Where do you want to live? What town? What kind of housing?
- Who do you want to live with?
- Do you want to continue your education? If yes, where?
- What kind of job do you want now?
◦ Summer ◦ Part-time ◦ Full-time ◦ Volunteer ◦ Other: Please specify _____
- What kind of job do you want when you finish high school?
◦ Summer ◦ Part-time ◦ Full-time ◦ Military ◦ Volunteer ◦ Other: Please specify _____
- Where do you want to work?
- What chores do you do now?
- What equipment do you want to learn to use?
- Can you cook?
- What doctor and dentist do you use? Do you know how to contact them?
- Do you have any significant medical problems? Do you take medication?
- What choices do you make now? What choices are made for you that you want to take charge of?

- What kind of transportation will you need after high school?
- What do you do for fun?
- What do you do with friends?
- What are you interested in?
- How much money will you need to live on?
- What bank will you use?
- Where will you shop for food or clothes? Do you know how to shop there now?
- Do you have or want a pet? Do you know how to take care of a pet?
- Do you know how to do yard work?
- Do you need an advocate, counselor, mentor, lawyer or support group?
- What do you want to be when you grow up?



Use the space below to write your vision statement for life after high school:



HOW DID WE DO?



Any
Questions...



GET CONNECTED



(800) 962-6817

<https://www.ecac-parentcenter.org/>



OTHER OPPORTUNITIES

Y

YOUTH

A

ADVISORY

T

TEAM



